



What will Year 12 students learn and how many lessons will they have each week?

All students will have 4 one-hour lessons. Students will learn a range of topics leading to three exam papers. In the first paper topics include anatomy and physiology, training programmes, biomechanics, and exercise physiology. In the second paper topics include skill acquisition and sports psychology and in the third paper students will study sport in society and contemporary issues.

What will Year 12 students need to do to get the most out of their lessons?

The most important thing is to read around the subject as many topics are complicated, using specialist terminology. Looking at lesson notes after the lesson and in preparation for the next leads to successful results. If taking A Level PE it is also important to be regularly taking part in a chosen sport at a competitive level, and keeping up with the practical log.

How much homework will Year 12 students have in this subject?

Students will receive homework twice a week. One piece of homework will relate to the anatomy and physiology section and one will relate to the social and cultural or psychology section of the qualification.

Which careers can this subject lead to?

Studying sport at Sixth Form can lead to a number of careers including Sports Management, Coaching, Sports Journalism, Sports Science, Teaching and Physiotherapy.

Which other subjects complement this subject?

Good subjects to complement PE at A level and BTEC are Biology, Psychology, Business, Chemistry, Physics and Sociology.

What are the main differences between studying A Level and BTEC?

The A Level is made up of both exams and a practical element, with no coursework. 15% of the practical element is linked to your level or ability in your chosen sport.

The BTEC course comprises two external exams and a coursework element within the assessment. There is no practical assessment involved.

What sports can I choose if I decide to take A level PE?

Many sports are eligible for the practical element of the A Level course. I have listed these in my video

Do I do practical PE at school if I study A level.

The simple answer is no. As a school we concentrate on the theory element of the course. It would be up to you as an individual, to make sure you are playing sport in your free time. Video evidence of practical ability is required for the moderation process. The faculty will support this process and be able to help with filming if the sport can be completed in the school environment.